



**Membership Benefits Include:**

- Free or \$5 reduced entry into GUTS-sponsored events
- 10% discount at Big Peach Running Co.
- 10% discount at Phidippides Running Store
- 10% discount at One Step At a Time in Oakhurst
- 10% discount at Big Dog Running Co (Columbus & Auburn, AL)
- 15% off Massage from Core Bodyworks
- 15% off Massage by Robin Rogers
- Great deals on GUTS gear
- RRCA membership – including *Club Running* & Hertz discount
- Subscription to “Straight from the GUT” e-newsletter
- Access to GUTS online forum
- 2 weekly GUTS trail training runs
- Monthly GUTS trail training runs
- Invitation to the End of Year Annual Meeting & Celebration

**Read “Straight from the GUT” newsletter**

“Straight from the GUT” is the best source of regional ultra and trail running news and information including feature stories, calendars of GUTS & non-GUTS events, GUTS race results, and photos highlighting society members and activities.

***Anyone who enjoys running trails or long distances will love GUTS!***

**Current GUTS Races include:**

- January: FatAss 50km
- February: Red Top Rumble Trail Run
- April: Operation Endurance 24 Hour Run
- August: Hot to Trot 8 Hour
- October: Mystery Mountain Marathon
- October: Pumpkin Butt 50km
- December: Pine Mountain 40 Mile Trail Run

**How To Join:**

Memberships are \$15 per person.  
All memberships expire December 31 of each year.  
Join after November 1 and it’s good through the end of next year!  
Call the GUTS office at (404)803-4145 or write us at:  
3217 Valaire Dr., Decatur, GA 30033  
or via e-mail to [getguts@hotmail.com](mailto:getguts@hotmail.com)  
or go to [www.getguts.com](http://www.getguts.com)

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**MEMBER APPLICATION 2012**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Renewal (Y/N) \_\_\_\_\_ Age \_\_\_\_\_ Sex (M/F) \_\_\_\_\_ Birth Date \_\_\_\_\_

How (or who) did you find out about GUTS? \_\_\_\_\_ Occupation \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

**Society membership Application Waiver**

By indicating your acceptance, you understand, agree, warrant and covenant as follows:  
I know that running, volunteering and hanging out during society events and races are potentially dangerous activities. Albeit, getting up in the morning can be scary too. I will not enter and run in society activities unless I am medically able, clinically not-insane and properly trained. I will not sandbag my conditioning nor lie about my ability to keep up. I agree to abide by any decision of a race official relative to my ability to safely complete a run. I assume ALL risks associated with running, volunteering and cavorting during society activities including, but not limited to, falls, contact with other participants, getting lost, lack of sleep or proper nutrition, the effects of the weather including but not limited to high heat and/or humidity, conditions of trail, road and traffic on the course, all such risks being known and appreciated by me. I grant permission to GUTS to use any photographs, motion pictures, recordings or any other record of society events for legitimate promotional purposes for the society. Having read this waiver, and knowing these facts, in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, give undo homage and waive and release the Road Runners Club of America, Georgia Ultrarunning & Trailrunning Society, and all its officers, volunteers, sponsors, their representatives, successors and next of kin, from all claims or liabilities of any kind arising out of my participation in society activities even though that liability may arise out of negligence, naivete, carelessness or stupidity on the part of the persons named in this waiver.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Make checks payable to GUTS. Mail to 3217 Valaire Dr., Decatur, GA 30033